

Empowerment for female Early career researchers

Target group:

- Female Early career researchers in STEM interested to give a boost to their scientific career

Benefits:

- One-to-one mentoring on interdisciplinary topics (career decisions and strategies, visibility as a female researcher, work-life balance) by an experienced scientist
- Workshops tailored to needs of female ECRs
- Peer networking within the group of mentees



Empowerment for female early career researchers

Duration:

- 18 months, from July 2025 to January 2027

Requirements:

- Formal connection to the Faculty of Engineering or the Faculty of Science
- Motivation to pursue a scientific career
- Implication and willingness to engage into a journey of personal development

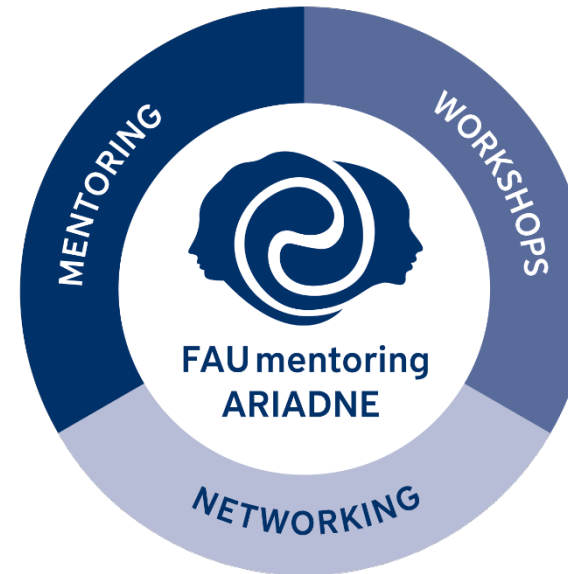
Application:

- Deadline Dec 6th, 2024
- Online via evasys. More information and links at <https://www.mentoring.fau.eu/ariadne-technat/>



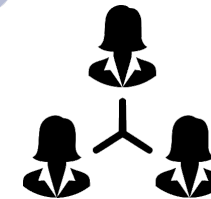
How do you benefit?

- **Individual advice by your mentor**
- **A tailored workshop program**
- **Networking with your colleague mentees**



professional trainers

*Expansion of
Peer Network*



How do you benefit?

Individual advice by your mentor:

- Exchange in a protected space, not related to your research context
- Personal guidance, allowing you to raise more intimate questions
- Sharing of experience by a person with a long track record, who may have faced the same questions and doubts



How do you benefit?

A tailored workshop program

- A focus on Soft Skills, personal development and female assertiveness
- Including an introduction to your role as a mentee
- Workshops held by professional trainers with a track record in the academic field



How do you benefit?

Networking

- Organized events for exchange with your peer mentees
- And a platform for exchange within the group, independently of the official program



How do you contribute?

Your thoughts: Mentoring means that you are in the driver seat to come up with questions and share your ideas and doubts.

Your initiative: It is up to you to ask your mentor for a meeting. It is you who sets the agenda.

Your implication: to make your mentoring a success, you need the stamina to be involved throughout the program period of 18 months.

Your openness: you should like to get feedbacks, to learn and to change.

Your time: your schedule is busy, but it pays off to invest time into workshops and meetings.

Your willingness to share: networks will be a success factor throughout your career. Start to build them now with your peer mentees!

How does it work?

- Once you have been selected as a mentee, the ARIADNE team will suggest a mentor based on your preferences and the topics you want to discuss.
- You will decide first whether the suggestion makes sense to you. We will then send a request to the potential mentor – without revealing your identity.
- If they agree, we ask you to get in contact with the mentor and arrange a first meeting to get to know each other, exchange about mutual expectations and to test the chemistry.
- Only when both sides agree to the mentoring partnership the official mentoring starts.

How do you apply?

Requirements:

- You need to have a formal connection to the Faculty of Engineering or the Faculty of Sciences.
- You should have a strong preference for further academic qualification.

Next steps:

- Fill in the application form and submit all documents until Dec 6th 24.

[Become a mentee \(doc/postdoc\) - ARIADNE \(fau.eu\)](#)

To discuss your application, we will schedule a Zoom interview of about 20 minutes



Contact:

Büro für Gender und Diversity

Wetterkreuz 13

91058 Erlangen

+49 9131 85 64029

ariadne-technat@fau.de

FAU mentoring
ARIADNE technat